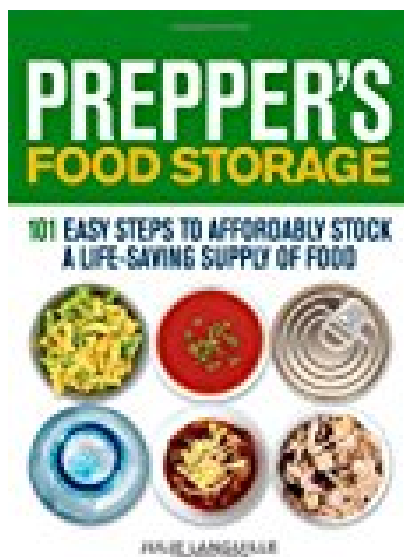


Preppers Food Storage 101 Easy Steps to Affordably Stock a Life-Saving Supply of Food



BOOK DETAILS

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BOOK SYNOPSIS

A guide to stockpiling an emergency food supply offers charts to calculate food needs for families of all sizes, identifies the best shelf-stable foods, provides instructions for dehydrating and canning, and discusses storage options.

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