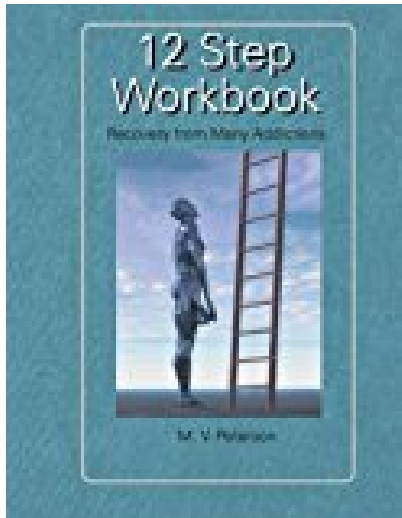


12 Step Workbook



BOOK DETAILS

- Author : M. V. Pat Peterson
- Pages : 144 Pages
- Publisher : Emerald Ink, Inc./Emerald Ink Publishing
- Language : English
- ISBN : 1885373589



BOOK SYNOPSIS

The basic principles of many of the popular twelve step programs are combined in this book into one easy text, covering problems with: Alcohol Drugs Gambling Anger Food Relapse People, Places, & Things. This book will benefit anyone suffering from these destructive behaviors by using a series of open-ended questions to work the twelve steps of recovery programs.

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